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MADE FOR LIFE

by Spiezia Organics

All Made for Life by Spiezia Organics treatments have been designed to create a true sense of well-being for the body, mind and emotions.

Using Made for Life by Spiezia's 100% organic ingredients and a range of specialised massage techniques they will de-stress, unwind and are suitable for all skin types.

Head in Heaven

£107

🕒 1 hour 20 minutes

Slow, rhythmic movements to shoulders, neck and head combined with deeply relaxing facial pressure point massage, with exfoliation and mask to provide a true sense of well-being.

- Shoulder, neck and head treatment
- Facial pressure points
- Facial exfoliation
- Facial mask
- Head Massage

Relax into Radiance

£107

🕒 1 hour 20 minutes

Enlivening head to toe exfoliation, mini facial with head and neck massage to clear and calm the mind.

- Full body exfoliation
- Facial cleanse
- Facial exfoliation
- Facial mask
- Head Massage
- Moisturise

Relax and Rejuvenate Uplifting Facial

£99

🕒 1 hour 10 minutes

Using a special combination of massage and sculpting techniques from India and Japan, this treatment will leave your face toned, and your skin glowing and rejuvenated.

- Facial cleanse
- Head, neck and shoulder treatment
- Facial pressure points
- Facial exfoliation
- Facial mask
- Head massage
- Smoothing and lifting techniques
- Facial lymphatic drainage
- Finishing product/face oil

Mindful Moments

£82

🕒 55 minutes

A beautiful and nurturing meditation and massage experience to clear your mind and soothe your soul.

- Mindful moments connection
 - Back massage
 - Head Massage
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